



Workshop: Bodypainting

Objective

To demonstrate the health impacts of smoking by painting/drawing healthy/destroyed organs on a human body.

Target group and the group size

1-2 models, 1-2 supervisors and max. 30 participants

Time use

The drawing stage takes a while, the length of time depends on drawing skills.

Preparation, supplies, facilities and equipment

- A live model
- A painter/make-up artist
- A lecturer
- Body paints, e.g. skin markers
- An anatomy book or good knowledge of anatomy
- Skin-coloured underwear
- Skin tape for securing underwear in place
- Hair ties
- A platform for the model, if required
- Skin wipes
- A bathrobe (for waiting periods)

Assignment and work instructions

1. Protect the area from paint splatter.
2. Prepare the model: secure his or her hair and provide skin-coloured underwear (secured with skin tape if necessary).
3. The model can stand on a platform or on the floor depending on his/her height.
4. The model needs to stand still to allow the painter/make-up artist to paint the organs in the right places, which requires some examination by hands (some study of anatomy and a sketch are done in advance).
5. One side of each organ is painted to look healthy, and the other side to depict the signs of smoking (e.g. left lung healthy, right lung darkened by smoking)
6. Paint the heart, arteries, uterus, ovaries and a foetus on the front of the body. (Or male genitalia on a male model.)
7. Paint the lungs and trachea on the back.
8. Be careful not to smudge the paint (provide hand wipes for the painter)
9. The model is ready for the presentation.



The model stands and shows the organs. The lecturer discusses each organ and the dangers of smoking to human health. Knowledge of anatomy and the effects of smoking is very important at this stage. The presentation concludes with a discussion about the subject matter.

Notes

Sources:

Tupakoinnin haitat maalattiin iholle savuttomuustempauksessa 2014. Pfizer Finland [YouTube video.] Published 22 December 2014. Accessed 21 October 2015.

<https://www.youtube.com/watch?v=3Op8XZFaMpc>

Appendix 1.

Photos from a workshop produced by nursing students of HAMK University of Applied Sciences in spring 2015.

