



Mobile quiz

Objective

The objective is to complete a mobile quiz produced using a Socrative app in order to advance participants' knowledge and understanding of smoking and its dangers to human health.

Target group and the group size

The exercise is suitable for groups of different sizes, and it can be done individually, in pairs or teams.

Preparation, supplies, facilities and equipment

- A classroom with a computer and projector
- Smartphones (one for each participant/pair or team)

Assignment and work instructions

The quiz is completed using a Socrative app <http://www.socrative.com/quiz> (please don't delete the existing test).

The version created in the app can be accessed using the following login details:

E-mail: tupakatta15@gmail.com

User name: Topi Tupakatta

Password: Nikotiini15

For information about the app, see <http://www.aikajaavaruus.fi/socrative/>

Ask the participants to log into the student pages of the Socrative app individually/in pairs or teams. Everyone should use the classroom ID, which is **ed3e5170**.

Once everyone has logged in, they can start using the app. The app has a set of quiz questions. Each right answer moves a spaceship forward on the screen. The winner is the person/team whose spaceship has gone the farthest when all questions have been answered.

Once everyone has completed the quiz, review the results and any questions that were difficult. These can be displayed on the computer.



Notes

QUIZ QUESTIONS

1. What percentage of lung cancer deaths are caused by smoking? Choose one.
 - a) 20%
 - b) 55%
 - c) 70%
 - d) 90% **Correct**
 - e) no effect
2. How much higher is the risk of Type 2 diabetes for smokers? Choose one.
 - a) 10–20%
 - b) 30–40% **Correct**
 - c) 50–70%
3. How many different chemical compounds does a cigarette contain? Choose one.
 - a) 7
 - b) 54
 - c) 150–200
 - d) over 4,000 **Correct**
4. What happens in the body 48h after quitting smoking? Choose one or more options.
 - a) Significant improvement in the sense of taste and smell **Correct**
 - b) All nicotine has left the body **Correct**
 - c) Lung function improved by 10 %
 - d) Risk of cardiac arrest halved compared with smokers
5. How does smoking affect your sex life and fertility? Choose one or more options.
 - a) Causes infertility symptoms in women **Correct**
 - b) Absent or infrequent periods **Correct**
 - c) Increases libido
 - d) Decreases semen quality and sperm quantity **Correct**
 - e) Causes premature ejaculation
6. Person X smokes approximately one packet of cigarettes per day. How much would he/she save in a year by quitting smoking?
 - a) 1,000–1,200 euros
 - b) 600–900 euros
 - c) 1,800–2,000 euros **Correct**
 - d) 3,000–4,000 euros



7. What types of cancer can be caused by smoking? Choose one or more options.

- a) Lung cancer **Correct**
- b) Throat cancer **Correct**
- c) Spinal cancer
- d) Breast cancer
- d) Bladder cancer **Correct**

8. What effects does smoking have during pregnancy and breastfeeding? Choose one or more options.

- a) Having a bowlegged child
- b) Increases the risk of cot death **Correct**
- c) Increased risk of miscarriage **Correct**
- d) Colic
- e) Low birth weight **Correct**

Sources: tohtori.fi

